

Awareness of First Aid for Mental Health Training Course

Live on-line learning
Complementary to all apprentices

Level
1



This 5 hour course is aimed at providing delegates with the knowledge to identify suspected mental health conditions and the skills to start a conversation and be able to signpost the person towards professional help.

This course is suitable for everyone within a workplace as it provides delegates with the knowledge to identify suspected mental health conditions as well as the skills to start a conversation and be able to signpost a person towards professional help.

Duration

This will be delivered over 5 hours using a virtual classroom environment. Candidates will then be required to spend up to one hour preparing for their assessment as part of the course teaching time.

Over the level 1, 2 and 3 courses in First Aid for Mental Health, there are 3 sessions, level 1 learners would attend the first session only, level 2 learners would attend the first 2 sessions and level 3 learners would attend all three sessions.

Number of Delegates

The minimum number of delegates per tutor is 20 and the minimum age is 18 years of age. A certificate can be offered to all, subject to assessment. More than 20 candidates are allowed but would require a second trainer and this would be reflected in the cost.

Certification

A Level 1 Award in Awareness for First Aid for Mental Health will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. It is strongly recommended that the learner attends annual refresher training. The learner will need to complete the full course again to re-qualify for a further three years.

Cost

£65 + VAT per learner.
A closed cohort course price can be discussed.

For more information contact us at:

commercial.courses@connect2care.net | connect2care.net

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Structure

Assessment

The assessment for this course will be completed remotely. The Professional Discussion will be carried out between the learner and course tutor and the time allowed for this is one hour. Learners will be given an agenda and time to prepare for the discussion, where they will be supported to discuss all of the things they have learned on the course. This will be video recorded to meet FAA requirements.

Syllabus

A range of First Aid for Mental Health related subjects are covered including:

- ▶ What is First Aid for Mental Health?
- ▶ Identifying mental health conditions
- ▶ Providing advice and starting a conversation
- ▶ Stress
- ▶ Mental health conditions.

RQF Level 1 Award

Qualification title:	FAA Level 1 Award in Awareness of First Aid for Mental Health (RQF)	Code:	603/3768/0
Unit title:	Awareness of First Aid for Mental Health	Unit code:	R/617/2918

SCQF Level 4 Award

Qualification title:	Award in Awareness of First Aid for Mental Health at SCQF Level 4	Code:	R599 04
Unit title:	Awareness of First Aid for Mental Health	Unit code:	UM86 04