

Dealing with Loss and Bereavement

Live on-line learning
Complementary to all apprentices



Connect2Care experts use their in-depth knowledge and skills to deliver this unique online course on dealing with loss and bereavement.

We live and work in unprecedented times. Sadly the Coronavirus pandemic means we're all dealing with a heightened level of change and personal loss.

When coming to terms with bereavement, particularly during such difficult times, it's normal to experience a range of physical and emotional feelings at different stages. Loss affects everyone in different ways and it's normal to experience a range of emotions.

This interactive, online course is suitable for employees of all staff levels, from team member to manager. It provides delegates with the tools to recognise, manage and support the emotions experienced due to loss and bereavement.

Course Content

- ▶ Understand the cycle of grief and bereavement
- ▶ Identify how the cycle of grief impacts us at different stages
- ▶ Recognise coping strategies and support mechanisms for dealing with loss and bereavement
- ▶ Identify the importance of resilience skills and techniques for dealing with loss and bereavement on an ongoing basis.

Duration

3 hours.

Number of Delegates

50.

Cost

£25 + VAT per delegate.
A closed cohort price can be discussed upon application.

Certification

Learners will achieve an attendance certificate at the end of this course.

For more information contact us at:

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