

Awareness of First Aid for Mental Health Training Course

Live online learning
Complimentary to all apprentices

Level
1



This 5 hour course is aimed at providing delegates with the knowledge to identify suspected mental health conditions and the skills to start a conversation and be able to signpost the person towards professional help.

This course is suitable for everyone within a workplace as it provides delegates with the knowledge to identify suspected mental health conditions as well as the skills to start a conversation and be able to signpost a person towards professional help.

Duration

The course will be delivered over 5 hours using a virtual classroom environment.

Delegates on the regulated programme are required to complete an assessment at the end of the course to prove knowledge and competence and will be required to spend up to one hour preparing for their assessment in addition to the course teaching time.

Number of Delegates

The maximum number of delegates for the regulated course which includes the assessment is 20 per tutor and the minimum age is 18 years of age.

For the non-regulated course the number of delegates is set at 40 and the minimum age is 18 years of age.

Certification

A Connect2care certificate of attendance is issued to all delegates on completion of the online course.

For delegates on the regulated route, a Level 1 Award in Awareness for First Aid for Mental Health certificate will be issued subject to completion of a successful assessment.

This qualification is valid for three years from the date of achievement. It is strongly recommended refresher training is attended annually.

Cost

£45 + VAT per learner (Non-Regulated).

£65 + VAT per learner (Regulated).

A closed cohort course price can be discussed.

For more information contact us at:

commercial-courses@connect2care.net | connect2care.net

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Structure

Syllabus

A range of First Aid for Mental Health related subjects are covered including:

- ▶ What is First Aid for Mental Health?
- ▶ Identifying mental health conditions
- ▶ Providing advice and starting a conversation
- ▶ Stress
- ▶ Mental health conditions.

RQF Level 1 Award

Qualification title:	FAA Level 1 Award in Awareness of First Aid for Mental Health (RQF)	Code:	603/3768/0
Unit title:	Awareness of First Aid for Mental Health	Unit code:	R/617/2918

SCQF Level 4 Award

Qualification title:	Award in Awareness of First Aid for Mental Health at SCQF Level 4	Code:	R599 04
Unit title:	Awareness of First Aid for Mental Health	Unit code:	UM86 04

Assessment (For regulated delegates only)

The assessment for this course will be completed remotely. The Professional Discussion will be carried out between the learner and course tutor and the time allowed for this is one hour. Learners will be given an agenda and time to prepare for the discussion, where they will be supported to discuss all of the things they have learned on the course. This will be video recorded to meet FAA requirements.